



Annual Report 2023

nmdunited.org

President's Note



Dear Supporters, Friends, and Community Members,

As we reflect on the past year, I'm overwhelmed with gratitude for your unwavering support and commitment. Together, we've continued to empower and support countless adults living with neuromuscular disabilities (NMD).

I'm thrilled to share that in 2023, we distributed a total of 89 independent living grants to our community members, amounting to a remarkable \$18,000. These micro-grants represent more than just financial assistance; they symbolize hope, independence, and the belief that with the access to the right tools and supports, our community can thrive.

In addition to our financial support, we provided educational resources through our Virtual University. From informative sessions on assistive technology to insightful discussions on parenting with NMD, we created a space for our community to gain and share invaluable knowledge about living with NMD.

We also held events focussed on social engagement and community connection. From lively poker nights to heartfelt caregiver appreciation contests, we fostered a sense of camaraderie and support. These events served as a fun, safe space for members to show up, chat, connect, and find some lightness in yet another tough year.

Your unwavering support was the driving force behind these achievements.

Looking forward to an even more impactful 2024 as we continue our journey of empowerment and advocacy.

With heartfelt gratitude,

Emily Wolinsky
President, NMD United

Financial Report

NMD UNITED, INC.

Consolidated Statement of Financial Position

December 31, 2023

Assets		
Cash		\$42,112.50
PayPal Funds		4,667.81
Accounts Receivable		(8.17)
Prepaid Assets		102.51
	Total Assets	<u>\$46,874.65</u>
Liabilities and Net Assets		
Liabilities		
	Total Liabilities	<u>\$0.00</u>
Net Assets		
Net Assets without Donor Restrictions		
Undesignated		\$42,199.65
Net Assets with Donor Restrictions		
ALEF Purpose Restricted		4,675.00
	Total Net Assets	<u>\$46,874.65</u>
	Total Liabilities and Net Assets	<u><u>\$46,874.65</u></u>

Financial Report

NMD UNITED, INC.

Consolidated Statement of Activities

January 1, 2023 to December 31, 2023

	Without Donor Restrictions	With Donor Restrictions	Total
Revenues:			
Contributions	\$13,699.07	\$5,390.00	\$19,089.07
Net assets released from restrictions	5,821.93	(5,821.93)	-
Total Revenues:	\$19,521.00	(\$431.93)	\$19,089.07
Expenses:			
Program Services:			
Accessible Vehicle Maintenance	4,314.00		
Durable Medical Equipment	7,542.00		
Consumable Medical Supplies	6,376.00		
Personal Care Assistant Advertising	751.00		
Assistive Technology	3,323.00		
Education	562.65		
Community Engagement	320.00		
Total program services	\$23,188.65		
Supporting Services:			
Fundraising	208.62		
Management and general	5,261.54		
Loss to Theft	424.00		
Total supporting services	\$5,894.16		
Total expenses	\$29,082.81		
Change in net assets	(\$9,561.81)	(\$431.93)	(\$9,993.74)
Net assets at beginning of the year	51,761.46	5,106.93	56,868.39
Net assets at end of year	\$42,199.65	\$4,675.00	\$46,874.65

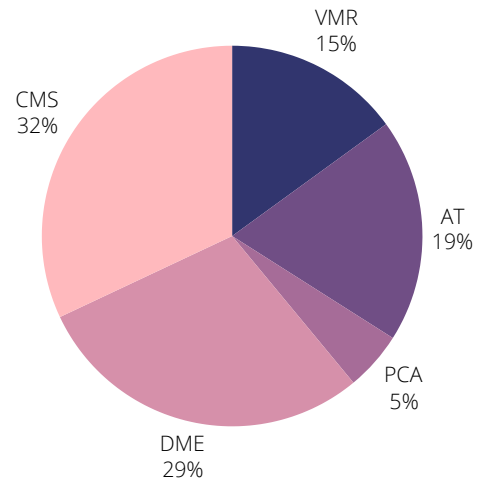
Note: This only includes applicants who received payments during the 2023 calendar year

ALEF Grant Program

We had another successful year of serving our community with independent living grants to assist with out-of-pocket disability-related expenses through our **Alex Landis Empowerment Fund (ALEF)**. Below is a comprehensive overview of grant activity throughout 2023.

18K
FUNDS SPENT

89
GRANTS GIVEN



Accessible Vehicle Maintenance and Repair (VMR):

- \$3,572 spent
- 16 applicants served

Personal Attendant Care Advertisements (PCA):

- \$751 spent
- 5 applicants served

Assistive Technology (AT):

- \$3,092 spent
- 17 applicants served

Durable Medical Equipment (DME):

- \$6,942 spent
- 33 applicants served

Consumable Medical Supplies (CMS):

- \$3,643 spent
- 18 applicants served

#GivingTuesday

All donations for Giving Tuesday 2023 went directly to ALEF to fund independent living grants for the calendar year 2024. Thanks to our amazing community for these donations!

With the support of these donations, and based on assessment of community needs, we have continued our grants so that every category can grant up to \$250! This allows applicants to get more monetary support across more areas of need.

Community Connection

Virtual University

We are passionate about offering our community with free and accessible education on various areas of life with neuromuscular disabilities. We do this through Virtual University, a space for our community to connect in real time to share insights, perspectives, and resources. The most attended discussions were on the topics of assistive technology, parenting with NMD, and accessible bladder and bowel management.

Social Events

In 2023, we offered meetings to engage with and strengthen connections in our community. We held poker nights, caregiver appreciation contests, celebrated stories of partners and intimacy, and more! These events served as a fun, safe space for members to show up, chat, connect, and find some lightness in yet another tough year.

Social Media Report



2.4

**FACEBOOK
LIKES**

519

**TWITTER (X)
FOLLOWERS**

644

**INSTAGRAM
FOLLOWERS**

BOARD OF DIRECTORS

Emily Wolinsky

President

T.K. Small

Vice-President & Treasurer

Brooklyn Marx

Secretary

Dan Darkow

Member

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Member

Liz Persaud

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Member

NMD United, Inc. is a qualified 501(c)(3) tax-exempt organization.

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